



NSGC Publications Catalog

All of the prices noted below have ground shipping charges included in the listed price.

PATIENT RESOURCES

Cancer Risk Genetic Counselors: Working Hand in Hand with Physicians

This brochure helps you market your cancer risk genetic counseling services to physicians and potential patients and gives them a quick overview of who may benefit from counseling services and the common components of cancer genetic counseling. This revised brochure is colorful and helps convey your message as a genetic counselor. Size: 9 x 12, tri-fold. ©2009

Item # **539CRGC**
Price **\$0.75**

Cardio What?

This child-friendly guide helps children understand their own and/or their family member's diagnosis of cardiomyopathy. It addresses information about inherited forms of cardiomyopathy that cardiologists, genetic counselors or other health professionals may have discussed. Booklet contains basic information, great illustrations, and a list of resources. ©2005

Item # **539CARDIO**
Price **pay only shipping & handling—please contact HQ if ordering quantity larger than 10**

Carrier Screening for Ashkenazi Populations

Enhance your prenatal and preconception GC sessions with this great resource for patients. Market genetic counseling services to referring providers. You customize for your needs: separate sheets for Bloom, Canavan, Cystic fibrosis, Familial Dysautonomia, Fanconi, Gaucher, Mucopolidosis Type IV, Neimann-Pick, and Tay-Sachs. ©1998

Item # **593ASHKEN**
Price **\$3.50**

FAP and Me: A Kid's Guide to Familial Adenomatous Polyposis

This child-friendly guide reinforces the information about Familial Adenomatous Polyposis (FAP) that families, doctors, and genetic counselors provide for children at risk. Booklet includes basic information, presented in a fun way that is easy to read and understand. Also included are issues of privacy, resources for parents, a glossary of terms and great illustrations! ©2004

Item # **539FAP**
Price **\$7.00**

Genetic Testing for CF: A Handbook for Families

This booklet provides an overview of Cystic Fibrosis for families. Includes the following topics: genetics, testing, DNA banking, prenatal diagnosis, carrier testing, and the role of genetic counseling. Rev 1997. Size: 5 ½ x 8 ½, 8pp. ©1995

Item # **539CFAM**
Price **\$3.00**

Genetic Testing for CF: A Handbook for Professionals

This booklet offers a brief review of the genetics of Cystic Fibrosis, including testing, prenatal diagnosis and counseling issues. Rev 1997. Size: 5 ½ x 8 ½, 12pp. ©1997

Item # **539CFPRO**
Price **\$3.00**

New Frontiers in Genetics:

These tri-fold pamphlets are a great way to educate patients and professionals. Who are Genetic Counselors? Genetic counseling specific to psychiatric disorders; indications; and what to expect from a genetic counseling visit. Size 8 ½ x 11, tri-fold

Genetic Counseling for Neurogenetic Disorders ©1999

Item # **539GCND**
Price **\$0.75**

Genetic Counseling for Psychiatric Disorders ©1998

Item # **539GCPD**
Price **\$0.75**

Making Sense of Your Genes: A Guide to Genetic Counseling

Created in collaboration with [Genetic Alliance](#), these booklets explain what genetic counseling is, what to expect from a genetic counseling visit, and the different types of genetic counseling available.

Size: 5 ½ x 8 1/2 , 12 pp. © 2008

Item# **GGC-GA**
Price **\$3.00**

Clinical Significance and Genetic Counseling for Common Ultrasound Findings

Updated from the original publication in 2001, the purpose of this revised publication is to provide updates on the significance of ultrasound findings, whether or not they have genetic implications, and to help determine whether further prenatal testing should be offered, as well as expand the topics to include absent nasal bone. This glossy, bound publication includes 59 pages of reference information and 13 pages of reproduceable black and white information sheets for your patients. Size: 9x12, 59 pages, black and white. © 2009

Item # **539ULTRA**
Price **\$13.00**

“Your Baby Has...” series

This series of 5 booklets focus on information for parents who receive prenatal diagnosis for specific conditions and subsequently choose to continue the pregnancy.

Each booklet includes the description, management, cause, recurrence risks and supportive resources for each condition. **Available in English and in Spanish!** Size: 5 ½ x 8 ½, 12-16pp ©1993

“Your Baby Has Down Syndrome”

Item # **539BDSE for English**
Item # **539BDSS for Spanish**

“Your Baby Has Gastroschisis”

Item # **539BGE for English**
Item # **539BGS for Spanish**

“Your Baby Has Congenital Heart Defect”

Item # **539BCHDE for English**

Item # 539BCHDS for Spanish
“Your Baby Has Spina Bifida”

Item # 539BSBE for English

Item # 539BSBS for Spanish

“Your Baby Has Hydrocephaly”

Item # 539BHE for English

Item # 539BHS for Spanish

Price per copy \$4.00

“Your Baby Has...” Series

Item # 539SETE for English

Item # 539SETS for Spanish

Price per complete series \$12.00 (set of five, includes one booklet of each condition)

Testing for Huntington’s Disease: Making an Informed Choice

By R. Bennett

This booklet is a comprehensive guide to choices available and the decision-making for individuals and families at-risk for Huntington Disease. Definition, testing procedures and information, impact, issues of family planning and more. ©2002

Item # 539HUNT

Price \$2.50

PROFESSIONAL RESOURCES

An Ethics Casebook for Genetic Counselors, 2nd Edition: Ethical Discourse for the Practice of Genetic Counseling

By L. Karns, M. Roche, and B. Yashar

The original Ethics Casebook for Genetic Counselors, published in 1994, applied the NSGC Code of Ethics to professional ethical behavior. Since then, both the genetic counseling profession and the ethical challenges it seeks to address have expanded. Funded by the AHSPF, An Ethics Casebook for Genetic Counselors, 2nd Edition: Ethical Discourse for the Practice of Genetic Counseling takes a new approach. The first chapters weave together the historical methods of ethical analysis, the evolution of the Code of Ethics and a demonstration of case analysis. The final chapters demonstrate how these principles can be applied to current issues such as patient autonomy, truth-telling and disclosure, and confidentiality, privacy and veracity. ©2006

Item # 539ETHIC

Price \$13.00

Ancestry Based Carrier Screening

A publication of the Prenatal Special Interest Group of the National Society of Genetic Counselors

This booklet presents genetic diseases common to certain ancestral groups for which carrier testing is currently available, referenced by ancestral geographic origin. The ancestral groups included are those which a genetic counselor practicing in the United States is likely to encounter. *Ancestry Based Carrier Screening* is meant to provide a handy and easily accessible resource for genetic counselors to use to determine which carrier test may be most appropriate to offer a particular patient, based on the patient’s ancestry. ©2005

Item # 539ABC

Price \$10.00

Handbook of Childhood and Adolescent Obesity

By Elissa Jelalian; Ric G. Steele

© 2009 by Springer SBM, 433 pages

Within the past two generations alone, child and adolescent obesity has more than doubled for some age groups and tripled for others. Consequently, the extraordinary number of school-age children now being diagnosed with what were once considered adult-onset disorders – hypertension, type 2 diabetes, high cholesterol, and related cardio-pulmonary conditions – has catapulted pediatric obesity to the forefront of national attention. Yet even as recognition grows, reliable, scientifically tested information and methods often get lost in the media crush of quick fixes and hyped-up news stories.

Now, in one comprehensive, easy-to-access volume, the *Handbook of Childhood and Adolescent Obesity* reveals the scope of the problem in terms of its psychological burden, its health consequences, and the available prevention and treatment options with the most current empirical and clinical knowledge available. This volume provides readers not only raw data, but also a framework for translating findings into effective, efficient practice – assessment, treatment, and prevention. This volume:

- Emphasizes developmental considerations – the specific information most relevant to toddlers, school-age children, and adolescents.
- Examines sociocultural and economic risk factors and their attendant treatment issues.
- Addresses the particular challenges of treating overweight children with psychiatric comorbidities.
- Discusses weight management intervention strategies in home, school, and community settings.
- Outlines model intervention programs for overweight/obese children and youth.
- Features special chapters on emerging topics of interest, including behavioral genetics, binge eating, technology-based approaches to weight control, and the concept of the obesigenic environment.

Item # 539HCAO

Price \$185.00 (includes shipping and handling)

Handbook of Intellectual and Developmental Disabilities

By John W. Jacobson; James A. Mulick; Johannes Rojahn

© 2009 by Springer SBM, 726 pages

Changes within the interdisciplinary field of intellectual and developmental disabilities are evolving at a rapid pace. Clinicians, academics, administrators, and a variety of mental health providers alike need easy-to-access, reliable information that enables them to stay abreast of the numerous advances in research, assessment, treatment, and service delivery within a real-world sociopolitical framework. To that end, the *Handbook of Intellectual and Developmental Disabilities* is an essential resource for any professional who works with this vulnerable population. This volume examines in detail the numerous advances in the field, summarizing major domains and emerging subspecialties into one eminently useful reference. Its contributors comprise a panel of the leading scientist-clinicians, who offer much-needed insight and guidance into ongoing improvements in theory and practice as well as intervention and prevention. For example, the handbook:

- Opens with chapters that offer a comprehensive review of current definitions, classifications, etiology, and findings on the most prevalent conditions, including cerebral palsy, pediatric brain injury, genetic syndromes, and autism spectrum disorder.
- Provides a survey of psychological and educational service delivery systems available to people with intellectual disabilities – for example, several chapters focus on explaining how agencies work, the politics of service delivery, residential versus day treatment, and program evaluation.
- Offers a wide range of assessment and diagnostic tools and tactics, including cognitive and adaptive behavior assessments, assessing for psychopathology, developmental screening, family assessment, and forensic applications.
- Reviews the latest evidence-based prevention and intervention strategies, from social skills training to self-harm reduction to pharmacotherapy.
- Concludes with insightful chapters on the ethical issues social acceptance and advocacy.

Item # 539HIDD

Price \$59.95 (includes shipping and handling)

Inherited Neuromuscular Diseases: Translation from Pathomechanisms to Therapies

By Carmen Espinós; Vicente Felipo; Francesc Palau

© 2009 by Springer SBM, 295 pages

This book represents the state of the art of neuromuscular diseases as a whole, including muscular dystrophies, mitochondrial disorders, peripheral neuropathies, spinal muscular atrophy, motoneurone disease and Friedreich ataxia. It offers a current review of inherited neuromuscular diseases under different approaches: genetics, pathomechanisms, therapies and treatments. Many genes with neuromuscular disorders have been reported, confirming the wide genetic heterogeneity of most of diseases of the peripheral nervous system. Genetic analyses allow the unequivocal diagnosis of neonatal, paediatric and adult disease whose etiology has a genetic basis, thus providing a more accurate prediction of natural history and prognosis, and reproductive planning for the family, not only offering genetic counselling and prenatal diagnosis but also preimplantational genetic diagnosis. Moreover, for a number of them molecular and cell pathogenesis is suggesting new molecular targets and, more relevant, novel therapeutic approaches are currently developing to manage and treat these disorders including new drugs and gene and cellular therapies. This is a reference book for neurologists and researchers interested in genetics, cellular biology, pathomechanisms, therapies and treatments of neuropathies.

Item # 539INDTPT
Price \$195.00 (includes shipping and handling)

Lessons Learned: Risk Management Issues in Genetic Counseling

By Susan Schmerler

© 2008 by Springer SBM, 152 pages (24 illustrated)

Malpractice suits are filed every day. Even the most experienced practitioners are not immune to potentially career-ending malpractice charges. With so much at stake, how do you avoid lawsuits and protect yourself against legal action? Susan Schmerler, a lawyer and expert witness, as well as a respected genetic counselor for more than 30 years, will help you survive and thrive in today's litigious society.

The only book devoted exclusively to this specialty, *Lessons Learned* details the risk management issues involved in genetic counseling practice, and offers solid strategies for minimizing the risk of costly, career-damaging malpractice suits. Schmerler clearly identifies areas of practitioner liability and demonstrates how they may be averted, so counselors can better manage their practice while lowering the risk of legal action. Examples drawn from relevant court cases illustrate typical issues in malpractice, negligence, and breach of contract suits. With this in-depth knowledge, readers can refine their goals toward increased self-protection as well as client care.

Item # 539LLRMIGC
Price \$75.95 (includes shipping and handling)

Working with Women who have Mental Retardation

By Brenda Finucane **Winner of the 1998 JEMF Award**

Women with mental retardation pose many challenges in the genetic counseling setting, yet the genetics literature offers only minimal insights into their growing numbers, their history, and the factors motivating their reproductive choices. This guide addresses these and other complex questions while offering a practical approach for working with this unique population of women. ©1998

Item # 539MR
Price \$15.00

Handbook of Childhood and Adolescent Obesity

By Elissa Jelalian; Ric G. Steele

© 2009 by Springer SBM, 433 pages

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recognition grows, reliable, scientifically tested information and methods often get lost in the media crush of quick fixes and hyped-up news stories.

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- Outlines model intervention programs for overweight/obese children and youth.
- Features special chapters on emerging topics of interest, including behavioral genetics, binge eating, technology-based approaches to weight control, and the concept of the obesigenic environment.

Item # **539HCAO**
Price **\$185.00**

DISCOUNTED PUBLICATIONS

Order any of the following publications through NSGC and receive a 20% discount off of the publisher's price!

Published by Oxford University Press

The Genetic Basis of Common Diseases

Edited by R. King, J. Rotter, A. Motulsky

Copyright 2002 by Oxford University Press, Inc. 1200 pages

The second edition of the Genetic Basis of Common Diseases has grown from 46 to 55 chapters and has been almost completely rewritten. There are 20 entirely new chapters, reflecting advances in diseases whose genetic knowledge was rudimentary at the time of the first edition. In a few cases, chapters have been combined, while other chapters have been divided. New chapters for specific disease cover gallstones, hemochromatosis, osteoporosis, spondyloarthropies, lupus erythematosus, mental retardation, common skin diseases and skin cancer, prostate cancer, hearing loss, and migraine. New general chapters address topics such as genetic counseling, evolution and disease, genetic effects of therapy, pharmacogenetics, and the role of mitochondrial variation. This second edition should be useful to readers with a clinical, genetic, or epidemiologic orientation who want to learn more about the genetics of common diseases or who can put this information to practical use in an increasing number of conditions. ©2002

List price \$195.00

ITEM# **539GBCD-O**
Price **\$170.00**
(Includes Shipping & Handling)

Introduction to Risk Calculation in Genetic Counseling

By Ian D. Young

Copyright 1999 by Oxford University Press, Inc. 230 pages

Genetic counseling is widely accepted as an integral part of the management of every patient with an inherited disorder, and the rapid developments in human and medical genetics have reinforced the importance of competency in risk calculation. Fully updated since the first edition (1991) this book provides a simple introduction for risk calculation for genetics counseling, describing how risks can easily be estimated or calculated for most counseling

Revised July 2007; For an updated catalog go to www.nsgc.org

situations. Easy-to-use, with worked examples, this book covers all patterns of inheritance. This new edition includes a chapter on cancer genetics, and there are also new sections on anticipation, gonadal mosaicism, the potential use of susceptibility loci, three-way chromosome translocations, and meiotic drive. ©2005

List price \$55.00

ITEM# 539RISK-O
Price \$50.00
(Includes Shipping & Handling)

Practical Genetic Counseling, sixth edition

By Peter S. Harper

Copyright 2004 by Oxford University Press, Inc. 376 pages

The counseling of those at risk from inherited disorders forms an integral and expanding part of medicine, and advances are continually being made in this area of practice. Increasingly, common disorders are known to have a genetic component, and this book provides invaluable up-to-date guidance through the profusion of new information, and the associated psychosocial and ethical considerations and concerns.

Changes for the sixth edition include full coverage of the implications of the human genome project for clinical genetic practice, the expanding societal implications of human genetics, and increased coverage of genetics and common diseases, including cancer genetics. The layout of the book has been improved, with line illustrations redrawn throughout and chapter summaries introduced as a tool for rapid reference and revision.

Key Features:

- Fully updated edition of this popular introductory guide for clinical geneticists, clinicians and other health care professionals
- Provides genetic counseling information and advice entirely applicable to everyday clinical practice and for trainees in the field
- Reflects the rapid development of knowledge in this area, including the implications of the human genome project
- Redesigned throughout with improved illustrations and introduction of summary boxes

Trainees in clinical genetics and genetic counseling, practicing clinical geneticists and other clinicians in hospital or family practice requiring an introduction or ready reference to the subject will continue to find *Practical Genetic Counselling* invaluable. It will also be of interest to specialist nurses, counselors working in the clinical setting, social scientists and ethicists involved with genetic developments as well as genetic laboratory staff requiring information on clinical aspects of the field. ©2004

List price \$67.00

ITEM# 539PGC6-O
Price \$60.00
(Includes Shipping & Handling)

Psychosocial Genetic Counseling

By Jon Weil

Copyright 2000 by Oxford University Press, Inc. 320 pages

Psychosocial issues are integral to all genetic counseling interactions. They include counselee's beliefs about the cause of birth defects and genetic disorders, the cognitive processing of medical information and risk figures, emotions such as anxiety and guilt, and the complex process of decision making. Drawing on direct clinical experience and the growing body of relevant literature, *Psychosocial Genetic Counseling* provides a comprehensive, integrated approach to understanding these issues and their applications to genetic counseling.

The book combines theoretical and practical approaches, including many clinical vignettes and examples of dialogue. It is written in an engaging style that conveys the emotional immediacy of genetic counseling. The emotional and social effects of genetic disorders are discussed with reference to the individual and to couple, family and social interactions. Counseling techniques and the agenda of the genetic counseling session are then addressed in detail. Specialized aspects of prenatal diagnosis counseling, cancer risk counseling, and genetic counseling with children and adolescents are integrated with these general principles. Non-directive counseling and the psychology of risk interpretation and decision making are discussed from theoretical and historical perspectives, leading to

recommendations for their application to clinical practice. The influences of ethnocultural history, beliefs and practices, for counselee and counselor, are then discussed as they enter into all aspects of genetic counseling. Essential reading for genetic counseling students, practicing genetic counselors and medical geneticists, the book is also a valuable resource for physicians, nurses, psychologist, social workers and other professionals who encounter the growing role of genetics in health care and in the concerns and expectations of their patients. ©2000

List price \$50.95

ITEM# 539PSYC-O
Price \$46.00
(Does Not Include Shipping & Handling)

Published by Wiley & Sons

Counseling about Cancer: Strategies for Genetic Counselors

By Katherine Schneider

Copyright 2001 by Wiley-Liss, Inc. 352 pages

Counseling About Cancer is the comprehensive resource to help genetic counselors and other health care providers effectively assist patients and families through the emotional difficulties of managing hereditary cancer. Now, in its Second Edition, extensive revisions have been made to include up-to-date coverage of the medical and psychological issues surrounding cancer risk counseling, including the major hereditary cancer syndromes, components of cancer risk counseling sessions, and predisposition testing sessions. In providing single-source coverage of this emerging field, this easy-to-use reference presents: Clinical features of 30 cancer syndromes, Tables listing major cancer syndromes by cancer type, Pedigrees illustrating the features of cancer syndromes as well as other family issues, Practical advice on a range of responsibilities from collecting and interpreting histories to judging potential ethical dilemmas, An ample number of detailed case studies

Counseling About Cancer is an essential reference for genetic counselors, physicians, and nurses working in clinical cancer services or oncology departments, genetic counseling students, and other health care professionals who need current, inclusive facts on genetic counseling at their fingertips. ©2002

List price \$52.50

ITEM# 539CC-W
Price \$50.00
(Includes Shipping & Handling)

A Guide to Genetic Counseling

Edited by: J. Schuette, W. Uhlmann, B. Yashar

Copyright 2009 by Wiley-Blackwell, Inc.; 624 pages

A Guide to Genetic Counseling, first published in 1998, has been used nationally and internationally in genetic counseling training programs. The first book devoted exclusively to the principles and practice of genetic counseling, and also written by genetic counselors for genetic counselors, it quickly became the best-selling and most widely recognized text and reference book in the field. *A Guide to Genetic Counseling* provides a comprehensive overview of genetic counseling, focusing on the components, theoretical framework, goals and unique approach to patient care that are the basis of this profession. The book defines the core competencies and covers the genetic counseling process from case initiation to completion in addition to addressing global professional issues, with emphasis is on describing the fundamental principles and practices that are broadly applicable to all areas of clinical genetic counseling. *A Guide to Genetic Counseling* is particularly valuable because:

- First book devoted exclusively to the principles and practice of genetic counseling
- Written by genetic counselors for genetic counselors
- First edition was best-seller with international recognition and use among professional counselors and in myriad genetic counseling programs
- Authors are leaders in the field of genetic counseling: Past presidents and board members of the National Society of Genetic Counselors, the American Board of Genetic Counseling, directors of genetic counseling training programs and long-time instructors and supervisors of genetic counseling students

- Comprehensive, practice-based textbook and reference: Meets the American Board of Genetic Counseling curriculum guidelines for genetic counseling training programs
- Unlike other books that present the factual information used by genetic counselors, or that summarize current research, this book describes how to provide genetic counseling

A Guide to Genetic Counseling belongs on the syllabi of all medical and human genetics and genetic counseling certification programs. It is an indispensable working resource for professional genetic counselors and all health care providers charged with educating patients in genetic diseases. ©2009

List price \$79.95

ITEM# 539GGC-W
Price \$69.96
(Includes Shipping & Handling)

The Practical Guide to the Genetic Family History

By Robin Bennett

Copyright 1999 by Wiley-Liss, Inc. 251 pages

Compiling the most recent genetic developments in medical specialties, *The Practical Guide to the Genetic Family History* is a valuable resource which outlines the proper methods for taking and recording a patient's family medical history, allowing primary care physicians to be more efficient in diagnosing conditions with potential genetic components. With genetic screening forms, an overview of directed questions, pedigree nomenclature, and outlining common approaches used, genetic counselor Robin L. Bennett provides readers with the basic foundation in human genetics necessary to recognize inherited disorders and familial disease susceptibility in patients. As the only guide which is geared for the physician in the field, *The Practical Guide to the Genetic Family History* includes remarks by renowned medical geneticist Arno Motulsky, as well as information on structuring an accurate pedigree and its components, including:

- Using a pedigree to identify individuals with an increased susceptibility to cancer
- Family history, adoption, and their challenges
- The connection between the pedigree and assisted reproductive technologies
- Making referrals for genetic services
- Neurological and neuromuscular conditions
- Tables covering hearing loss, mental retardation, dementia, and seizures
- Five case studies of genetics in practice

An essential reference for genetics clinics, medical geneticists, and counselors, *The Practical Guide to the Genetic Family History* is also an invaluable aid for both primary care and specialist physicians who need an up-to-date reference that emphasizes both the science and art of modern clinical genetics. ©1999

List price: \$68.50

ITEM# 539PGGFH-W
Price \$60.00
(Includes Shipping & Handling)

Psyche and Helix: Psychological Aspects of Genetic Counseling

Essays by Seymour Kessler, Edited by Robert G. Resta

Copyright 2000 by Wiley-Liss, Inc. 192 pages

Genetic diseases affect the lives of millions of people, regardless of age, race, religion, ethnicity, or social status. Every day, discoveries point to the complex role of genetics in common disorders such as cancer, heart disease, and Alzheimer's disease. Experience and research have shown that being at risk for a genetic disease can have devastating psychological effects on patients and their families. Genetic counseling helps families and patients cope with the medical, psychological, and social effects of genetic diseases. It is to this end that genetic counselors must be sensitive to the needs of patients and families, understand the psychological meaning of clients' behaviors, and communicate that understanding in ways that leave clients emotionally enriched, psychologically stronger, and more competent to deal with their own lives.

This insightful book covers topics such as:

- Management of guilt and shame

- Roles of directiveness in patient care
- How a healthcare professional can expand counseling skills
- Understanding the distinction between education and counseling
- Detailed analysis of a genetic counseling session

Providing practical and clinically meaningful ways to enhance counseling skills of genetic counselors, physicians, nurses, social workers, and other healthcare professionals, *Psyche and Helix: Psychological Aspects of Genetic Counseling* consists of essays compiled over two decades, which will serve as a primary source of information for healthcare professionals who render genetic counseling. ©2000

List price \$115.00

ITEM# 539PH-W
Price \$100.00
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